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Periodontal Risk Assessment

Recent studies have proven a link between the bacteria that causes periodontal disease And systemic illness such as heart disease, stroke, diabetes, pre-term low birth weights, osteopenia and gastric ulcers. Clinical research has also proven that certain patients fall into a higher risk group for periodontal disease and therefore a higher risk for potential systemic harm. Please take a moment to review the following questions so that your 'dental cleaning' will be specifically geared to your periodontal risk level. Thank you.
(Please circle your answers)

TOBACCO: Tobacco use is the most significant risk factors for gum disease.

Do you or have you ever used the following? Cigarette Cigar Pipe Chew Snuff
Frequency _____ Beginning Date _____ Ending Date _____

HEART ATTACK/STROKE: Untreated gum disease can increase your risk for heart attack and stroke. Do you have any risk factors for heart disease or stroke?

Family history of heart disease High cholesterol High blood Pressure Tobacco use

GENETIC PREDISPOSITION: A genetic marker called Interleukin- 1 can be inherited And significantly increase your pre-disposition to periodontal disease. Have any of your family members (mother, father, siblings) had any of the following?

Periodontal surgery Dentures Tooth loss due to gum disease Deep scalings

FEMALES: Women can be at risk for periodontal disease at various stages of their life. Circle all that apply:

Pregnant Nursing Osteoporosis BC pills Hormone supplement

DIABETES: Periodontal disease is a common complication of diabetes. Untreated gum Disease makes it harder for diabetics to control their blood sugar. Have you had?

Frequent urination Slow healing of cut Excessive thirst Unexplained weight loss
Weakness or fatigue Excessive hunger Family history Diabetes diagnosed

HEART MURMUR OR ARTIFICIAL JOINT PROSTHESIS: The slightest amount of gum tissue inflammation allows bacteria from the mouth to enter the bloodstream. This could cause a serious infection of the heart muscle or your artificial joint.

Heart murmur Artificial joint Have you been told to medicate for dental visits?

GASTRIC ULCERS: Ulcers are caused by bacteria. When gums are inflamed, the periodontal bacteria can travel through the bloodstream to the gut and activate ulcers. If you have been treated for ulcers you should keep your gum tissue inflammation free.

Have you been treated for ulcers? _____ Do you currently have an active ulcer? _____

INFECTIOUS: The bacteria that cause periodontal disease can be transferred to a spouse or family member. Has anyone in your family been treated for gum problems?

No Spouse Children

PERIODONTAL DISEASE: Have you noticed any of the following symptoms?

Bleeding gums during brushing Red, swollen or tender gums Persistent bad breath
Gums pulling away from teeth Pus between teeth or gums Loose/separating teeth
Change in way teeth fit together Food catching between teeth

GENERAL INFORMATION:

Do you like the appearance of your smile? _____yes _____no
Do you like the color of your teeth? _____yes _____no
Do your teeth keep you from eating specific foods? _____yes _____no
Is it important for you to keep your teeth for a lifetime? _____yes _____no
Do you have an auto immune suppression disorder? _____yes _____no
Have you undergone radiation treatments? _____yes _____no
Have you undergone chemotherapy? _____yes _____no
Do you have an inordinate amount of stress in your life _____yes _____no

COMMENTS

Signature

Date